




MEALS ON WHEELS Menu #1 June 2026

Call (509) 426-2601 Monday-Friday the day before you would like to eat lunch to register for a meal.
Meal registration ends at 3p.m. Monday-Friday. Lunch is served from 11 a.m. through 11:30 a.m.

Suggested donation for registered people 60 years and over \$3.00/meal; under 60 years \$10.00 fee/meal*

Dining Rooms- Yakima: Harman Senior Center, Henry Beauchamp Community Center & Washington Fruit Community Center,
Selah Civic Center, Tieton Senior Center, Union Gap Senior Center, Sunnyside Senior Center, Grandview Senior Center

PEOPLE FOR PEOPLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6/1 Chicken Salad 3 Bean Salad Vegetables Croissant Fruit	6/2 Spaghetti w/ Meat Sauce Vegetables Tossed Salad Breadstick Fruit	6/3 Garlic Butter Pork Mashed Potatoes Vegetables Dinner Roll Fruit	6/4 Cheese Ravioli w/ Marinara Vegetables Celery, Cucumber, Apple Salad Wheat Bread Fruit	6/5 Sloppy Joe Baked Beans Coleslaw Fruit
6/8 Club Sandwich Lettuce & Tomato Vegetables Fruit	6/9 Ham & Potato Quiche Tossed Salad Croissant Peaches & Cottage Cheese	6/10 Meatloaf Mashed Potatoes Vegetables Dinner Roll Fruit	6/11 Chicken Teriyaki Fried Rice Vegetables Cucumber, Tomato, & Onion Salad Fruit	6/12 Four Cheese Pasta Vegetables Tossed Salad Wheat Bread Fruit
6/15 Creamy Chicken w/ Mushrooms Mashed Potatoes Wheat Bread Fruit	6/16 Meatball Marinara Sub Vegetables Tossed Salad Fruit	6/17 Baked Ziti w/ Sausage Crumbles Vegetables Pea, Pickle & Cheese Salad Breadstick Fruit	6/18 Roasted Tomato Soup Turkey & Cheese Sandwich Tossed Salad Fruit	6/19 CLOSED 
6/22 BBQ Chicken Baked Beans Coleslaw Cornbread Fruit	6/23 Cheeseburger Lettuce, Tomatoes & Onion Jo Jo's Fruit Birthday Dessert	6/24 Southwest Mac & Cheese Vegetables Tossed Salad Wheat Bread Fruit	6/25 Beef & Broccoli Fried Rice Apple & Celery Coleslaw Fruit	6/26 Pork w/ Green Peppers & Mushrooms Mashed Potatoes Wheat Bread Fruit
6/29 Sweet & Sour Pineapple Meatballs Rice Vegetables Tossed Salad Fruit	6/30 Chicken Waldorf Salad Tossed Salad Croissant Peaches & Cottage Cheese			

All meals are served with margarine and 1% milk; menu substitutions can occur at times. *Speak with the site manager for eligibility



MEALS ON WHEELS Menu #2 June 2026

Call (509) 426-2601 Monday-Friday the day before you would like to eat lunch to register for a meal.
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Suggested donation for registered people 60 years and over \$3.00/meal; under 60 years \$10.00 fee/meal*

Dining Rooms- Yakima: Harman Senior Center, Henry Beauchamp Community Center & Washington Fruit Community Center,

PEOPLE FOR PEOPLE Selah Civic Center, Tieton Senior Center, Union Gap Senior Center, Sunnyside Senior Center, Grandview Senior Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right;">6/1</p> <p>Chile Relleno Spanish Rice Refried Beans Vegetables Tortilla Fruit</p>	<p style="text-align: right;">6/2</p> <p>Chicken Tacos Refried Beans Lettuce & Tomatoes Fruit</p>	<p style="text-align: right;">6/3</p> <p>Beef & Bean Green Chili Stew Vegetables Tortillas Fruit</p>	<p style="text-align: right;">6/4</p> <p>Beef Taco Salad Tostadas Fruit</p>	<p style="text-align: right;">6/5</p> <p>Pork & Potatoes in Tomatillo Sauce Coleslaw Tortillas Fruit</p>
<p style="text-align: right;">6/8</p> <p>Ground Beef w/ Mixed Veggies Vegetables Tortillas Fruit</p>	<p style="text-align: right;">6/9</p> <p>Chicken Quesadilla Vegetables Tossed Salad Tortillas Peaches & Cottage Cheese</p>	<p style="text-align: right;">6/10</p> <p>Chicken in Tomato Sauce Mashed Potatoes Vegetables Tortillas Fruit</p>	<p style="text-align: right;">6/11</p> <p>Beef Chile Relleno Casserole Cucumber, Tomato, & Onion Salad Tortillas Fruit</p>	<p style="text-align: right;">6/12</p> <p>Pork Pozole Cabbage & Lemon Tostadas Fruit</p>
<p style="text-align: right;">6/15</p> <p>Beef Fajitas Vegetables Tortillas Fruit</p>	<p style="text-align: right;">6/16</p> <p>Pinto Beans & Ham Soup Vegetables Tossed Salad Tortillas Fruit</p>	<p style="text-align: right;">6/17</p> <p>Bean & Cheese Enchiladas Pea, Pickle, & Cheese Salad Fruit</p>	<p style="text-align: right;">6/18</p> <p>Beef Tamale Casserole Vegetables Tossed Salad Tortilla Fruit</p>	<p style="text-align: right;">6/19</p> <p style="text-align: center;">CLOSED</p> 
<p style="text-align: right;">6/22</p> <p>Beef Tacos Lettuce & Tomatoes Coleslaw Fruit</p>	<p style="text-align: right;">6/23</p> <p>Chicken Tortilla Soup Tossed Salad Tortillas Fruit Birthday Dessert</p>	<p style="text-align: right;">6/24</p> <p>Beef Barbacoa Rice Vegetables Tossed Salad Tortilla Fruit</p>	<p style="text-align: right;">6/25</p> <p>Chicken Tamales Vegetables Apple & Celery Coleslaw Fruit</p>	<p style="text-align: right;">6/26</p> <p>Bean Taco Soup Vegetables Tortillas Fruit</p>
<p style="text-align: right;">6/29</p> <p>Sweet Potato & Black Bean Chili Rice Tossed Salad Tortilla Fruit</p>	<p style="text-align: right;">6/30</p> <p>Mexican Beef Chili Tossed Salad Tortillas Peaches & Cottage Cheese</p>			

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