



MEALS ON WHEELS Menu #1 April 2026

Call (509) 426-2601 Monday-Friday the day before you would like to eat lunch to register for a meal.
Meal registration ends at 3p.m. Monday-Friday. Lunch is served from 11 a.m. through 11:30 a.m.

Suggested donation for registered people 60 years and over \$3.00/meal; under 60 years \$10.00 fee/meal*

Dining Rooms- Yakima: Harman Senior Center, Henry Beauchamp Community Center & Washington Fruit Community Center,
Selah Civic Center, Tieton Senior Center, Union Gap Senior Center, Sunnyside Senior Center, Grandview Senior Center

PEOPLE FOR PEOPLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		4/1 Beef Macaroni Goulash Vegetables Pea, Pickle, & Cheese Salad Wheat Bread Fruit	4/2 Chicken Waldorf Salad Tossed Salad Croissant Fruit	4/3 Clam Chowder Cheese Sandwich Tossed Salad Fruit
4/6 Pineapple Chicken Stir Fry Fried Rice Vegetables Tossed Salad Wheat Bread Fruit	4/7 Meatloaf Mashed Potatoes Vegetables Dinner Roll Fruit	4/8 Chili Mac & Cheese Vegetables Tossed Salad Wheat Bread Fruit	4/9 Pork w/ Mushrooms in Marinara Sauce Rice Vegetables Wheat Bread Fruit	4/10 Spaghetti w/ Meat Sauce Vegetables Tossed Salad Breadstick Fruit
4/13 BBQ Meatballs Baked Beans Coleslaw Fruit	4/14 Hashbrown Sausage & Egg Casserole Vegetables Croissant Peaches & Cottage Cheese	4/15 Cheese Tortellini w/ Marinara Sauce Vegetables Tossed Salad Wheat Bread Fruit	4/16 Pastrami Sandwich Vegetables Fruit	4/17 Chicken w/ Gravy Mashed Potatoes Vegetables Dinner Roll Fruit
4/20 Cheeseburger Lettuce, Tomatoes, & Onions Jo Jo's Fruit	4/21 Asian Chicken Salad Dinner Roll Mandarin Oranges	4/22 Onion Dijon Pork Mashed Potatoes Vegetables Dinner Roll Fruit	4/23 Egg Salad Sandwich Vegetables Tossed Salad Croissant Fruit	4/24 Salmon Burger Coleslaw Jo Jo's Fruit
4/27 Meatball Marinara Sub Vegetables Pea, Pickle, & Cheese Salad Fruit	4/28 Chicken Caesar Pasta Salad Vegetables Wheat Bread Birthday Dessert Fruit	4/29 French Toast Casserole Vegetables Wheat Bread Peaches & Cottage Cheese	4/30 Sesame Orange Pork Fried Rice Vegetables Tossed Salad Wheat Bread Fruit	

All meals are served with margarine and 1% milk; menu substitutions can occur at times. *Speak with the site manager for eligibility



MEALS ON WHEELS Menu #2 April 2026

Call (509) 426-2601 Monday-Friday the day before you would like to eat lunch to register for a meal.
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Suggested donation for registered people 60 years and over \$3.00/meal; under 60 years \$10.00 fee/meal*

Dining Rooms- Yakima: Harman Senior Center, Henry Beauchamp Community Center & Washington Fruit Community Center,

PEOPLE FOR PEOPLE Selah Civic Center, Tieton Senior Center, Union Gap Senior Center, Sunnyside Senior Center, Grandview Senior Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		4/1 Ranch Chicken Casserole Vegetables Pea, Pickle, & Cheese Salad Tortilla Fruit	4/2 Beef Meatball Soup Tossed Salad Tortillas Fruit	4/3 Beef Taco Bake Casserole Vegetables Tossed Salad Tortilla Fruit
4/6 Chile Relleno Refried Beans Spanish Rice Tossed Salad Tortilla Fruit	4/7 Pork & Potatoes in Tomatillo Sauce Vegetables Tortillas Fruit	4/8 Beef Taco Salad Tostadas Fruit	4/9 Beef Green Chile Stew & Pinto Beans Vegetables Tortillas Fruit	4/10 Chicken Tacos Vegetables Tossed Salad Tortillas Fruit
4/13 Bean Taco Soup Coleslaw Tortillas Fruit	4/14 Chicken Pozole Cabbage & Lemon Tostadas Peaches & Cottage Cheese	4/15 Ground Beef w/ Mixed Veggies Tossed Salad Tortillas Fruit	4/16 Chicken in Tomato Sauce Vegetables Tossed Salad Tortillas Fruit	4/17 Beef Chile Relleno Casserole Vegetables Tortillas Fruit
4/20 Mexican Chicken Lasagna Jo Jo's Tossed Salad Tortilla Fruit	4/21 Beef Fajitas Tossed Salad Tortillas Fruit	4/22 Black Bean Enchilada Casserole Vegetables Tortilla Fruit	4/23 Beef Tamale Casserole Tossed Salad Tortilla Fruit	4/24 Pinto Bean & Ham Soup Coleslaw Jo Jo's Tortillas Fruit
4/27 Chicken Tortilla Soup Pea, Pickle, & Cheese Salad Tortillas Fruit	4/28 Sweet Potato & Black Bean Chili Rice Vegetables Tortilla Birthday Dessert Fruit	4/29 Beef Tacos Lettuce & Tomatoes Refried Beans Peaches & Cottage Cheese	4/30 Beef Barbacoa Rice Vegetables Tossed Salad Tortillas Fruit	

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