



PEOPLE FOR PEOPLE

# MEALS ON WHEELS Menu #1 March 2026

Call (509) 426-2601 Monday-Friday the day before you would like to eat lunch to register for a meal.

Meal registration ends at 3p.m. Monday-Friday. Lunch is served from 11 a.m. through 11:30 a.m.

Suggested donation for registered people 60 years and over \$3.00/meal; under 60 years \$10.00 fee/meal\*

Dining Rooms- Yakima: Harman Senior Center, Henry Beauchamp Community Center & Washington Fruit Community Center, Selah Civic Center, Tieton Senior Center, Union Gap Senior Center, Sunnyside Senior Center, Grandview Senior Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right;"><b>3/2</b></p> <p>Sloppy Joe Baked Beans Coleslaw Fruit</p>	<p style="text-align: right;"><b>3/3</b></p> <p>Spaghetti w/ Meat Sauce Vegetables Tossed Salad Breadstick Fruit</p>	<p style="text-align: right;"><b>3/4</b></p> <p>Cheese Ravioli Vegetables Tossed Salad Wheat Bread Fruit</p>	<p style="text-align: right;"><b>3/5</b></p> <p>Chicken Teriyaki Fried Rice Vegetables Cucumber, Tomato, &amp; Onion Salad Wheat Bread Fruit</p>	<p style="text-align: right;"><b>3/6</b></p> <p>Bacon, Potato, &amp; Corn Chowder Cheese Sandwich Tossed Salad Fruit</p>
<p style="text-align: right;"><b>3/9</b></p> <p>Pork w/ Green Peppers &amp; Mushrooms Mashed Potatoes Wheat Bread Peaches &amp; Cottage Cheese</p>	<p style="text-align: right;"><b>3/10</b></p> <p>Meatloaf Mashed Potatoes Vegetables Dinner Roll Fruit</p>	<p style="text-align: right;"><b>3/11</b></p> <p>Beef Hamburger Soup 3 Bean Salad Cornbread Fruit</p>	<p style="text-align: right;"><b>3/12</b></p> <p>Club Sandwich Lettuce &amp; Tomatoes Vegetables Fruit</p>	<p style="text-align: right;"><b>3/13</b></p> <p>Southwest Mac &amp; Cheese Vegetables Tossed Salad Wheat Bread Fruit</p>
<p style="text-align: right;"><b>3/16</b></p> <p>Meatball Marinara Sub Vegetables Tossed Salad Fruit</p>	<p style="text-align: right;"><b>3/17</b></p> <p>BBQ Chicken Baked Beans Coleslaw Cornbread Fruit</p>	<p style="text-align: right;"><b>3/18</b></p> <p>Baked Ziti w/ Sausage Crumbles Breadstick Vegetables Fruit</p>	<p style="text-align: right;"><b>3/19</b></p> <p>3 Bean Chili Baked Potato Tossed Salad Cornbread Fruit</p>	<p style="text-align: right;"><b>3/20</b></p> <p>Chicken Stroganoff Vegetables Wheat Bread Fruit</p>
<p style="text-align: right;"><b>3/23</b></p> <p>Sweet and Sour Pineapple Meatballs Rice Vegetables Tossed Salad Fruit</p>	<p style="text-align: right;"><b>3/24</b></p> <p>Ham and Potato Quiche Tossed Salad Croissant Fruit Birthday Dessert</p>	<p style="text-align: right;"><b>3/25</b></p> <p>Creamy Chicken w/ Mushrooms Mashed Potatoes Dinner Roll Fruit</p>	<p style="text-align: right;"><b>3/26</b></p> <p>Beef Lasagna Vegetables Breadstick Fruit</p>	<p style="text-align: right;"><b>3/27</b></p> <p>Pasta and Beans Soup Cheese Sandwich Vegetables Cornbread Peaches &amp; Cottage Cheese</p>
<p style="text-align: right;"><b>3/30</b></p> <p>Navy Bean &amp; Ham Soup Tossed Salad Wheat Bread Fruit</p>	<p style="text-align: right;"><b>3/31</b></p> <p>Cheeseburger Lettuce, Tomatoes, &amp; Onions Jo Jo's Fruit</p>			

All meals are served with margarine and 1% milk; menu substitutions can occur at times. \*Speak with the site manager for eligibility



# MEALS ON WHEELS Menu #2 March 2026

Call (509) 426-2601 Monday-Friday the day before you would like to eat lunch to register for a meal.  
Meal registration ends at 3p.m. Monday-Friday. Lunch is served from 11 a.m. through 11:30 a.m.

Suggested donation for registered people 60 years and over \$3.00/meal; under 60 years \$10.00 fee/meal\*

Dining Rooms- Yakima: Harman Senior Center, Henry Beauchamp Community Center & Washington Fruit Community Center,

PEOPLE FOR PEOPLE Selah Civic Center, Tieton Senior Center, Union Gap Senior Center, Sunnyside Senior Center, Grandview Senior Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3/2</b> Pork & Potatoes In Tomatillo Sauce Coleslaw Tortillas Fruit	<b>3/3</b> Chicken Tacos Lettuce & Tomatoes Refried Beans Fruit	<b>3/4</b> Beef Taco Salad Tostadas Fruit	<b>3/5</b> Beef Green Chile Stew & Pinto Beans Cucumber, Tomato, & Onion Salad Tortillas Fruit	<b>3/6</b> Chile Relleno Spanish Rice Refried Beans Tossed Salad Tortillas Fruit
<b>3/9</b> Chicken Pozole Cabbage & Lemon Tostadas Peaches & Cottage Cheese	<b>3/10</b> Pork in Tomato Sauce Mashed Potatoes Vegetables Tortillas Fruit	<b>3/11</b> Chicken Quesadilla Casserole Vegetables 3 Bean Salad Tortilla Fruit	<b>3/12</b> Beef Chile Relleno Casserole Vegetables Tortilla Fruit	<b>3/13</b> Ground Beef w/ Mixed Veggies Tossed Salad Tortillas Fruit
<b>3/16</b> Pinto Bean & Ham Soup Vegetables Tossed Salad Tortillas Fruit	<b>3/17</b> Beef Fajitas Coleslaw Tortillas Fruit	<b>3/18</b> Mexican Chicken Lasagna Vegetables Tortilla Fruit	<b>3/19</b> Beef Tamale Casserole Vegetables Tossed Salad Tortilla Fruit	<b>3/20</b> Black Bean Enchilada Casserole Vegetable Tortilla Fruit
<b>3/23</b> Bean Taco Soup Tossed Salad Tortillas Fruit	<b>3/24</b> Chicken Tortilla Soup Tossed Salad Tortillas Fruit Birthday Dessert	<b>3/25</b> Mexican Chicken Salad Vegetables Tostadas Fruit	<b>3/26</b> Pork Tamales Vegetables Fruit	<b>3/27</b> Beef Barbacoa Rice Vegetables Tossed Salad Tortilla Peaches & Cottage Cheese
<b>3/30</b> Beef Tacos Lettuce & Tomatoes Refried Beans Fruit	<b>3/31</b> Sweet Potato & Black Bean Chili Rice Tossed Salad Tortilla Fruit			

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