



PEOPLE FOR PEOPLE

MEALS ON WHEELS Menu #1 May 2025

Call (509) 426-2601 Monday-Friday the day before you would like to eat lunch to register for a meal.
Meal registration ends at 3p.m. Monday-Friday. Lunch is served from 11 a.m. through 11:30 a.m.

Suggested donation for registered people 60 years and over \$2.50/meal; under 60 years \$9.00 fee/meal*

Dining Rooms- Yakima: Harman Senior Center, Henry Beauchamp Community Center & Washington Fruit Community Center,
Selah Civic Center, Tieton Senior Center, Union Gap Senior Center, Sunnyside Senior Center, Grandview Senior Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			5/1 Sesame Orange Pork Fried Rice Vegetables Tossed Salad Wheat Bread Fruit	5/2 CLOSED Meals on Wheels Luncheon
5/5 Tuna Salad Sandwich 3 Bean Salad Tossed Salad Croissant Fruit	5/6 Meatloaf Mashed Potatoes Vegetables Dinner Roll Fruit	5/7 Chicken Caesar Salad Vegetables Wheat Bread Fruit	5/8 Broccoli Cheddar Soup Ham Sandwich Tossed Salad Wheat Bread Fruit	5/9 Honey Glazed Chicken Rice Pilaf Vegetables Cucumber, Tomato & Onion Salad Fruit
5/12 BBQ Pork Sandwich Baked Beans Coleslaw Fruit	5/13 Spaghetti w/ Meat Sauce Vegetables Tossed Salad Breadstick Fruit	5/14 Chicken w/ Green Peppers & Mushrooms Mashed Potatoes Wheat Bread Fruit	5/15 Veggie Quiche Vegetables English Muffin Fruit	5/16 BLT Pasta Salad Dinner Roll Peaches & Cottage Cheese
5/19 Cheeseburger Lettuce, Tomatoes, & Onions Jo Jo's Fruit	5/20 Southwest Chicken Salad Vegetables Cornbread Fruit	5/21 French Onion Beef & Noodles Vegetables Tossed Salad Wheat Bread Fruit	5/22 Pork w/ Gravy Mashed Potatoes Vegetables Dinner Roll Fruit	5/23 Egg Salad Sandwich Vegetables Carrot Raisin Salad Croissant Fruit
CLOSED 5/26 	5/27 Meatball Marinara Sub Vegetables Coleslaw Fruit Birthday Dessert	5/28 Cheesy Kielbasa Hashbrown Casserole Vegetables Croissant Peaches & Cottage Cheese	5/29 Coconut Chicken Curry Rice Vegetables Wheat Bread Fruit	5/30 Baked Mac & Cheese Vegetables Tossed Salad Wheat Bread Fruit

All meals are served with margarine and 1% milk; menu substitutions can occur at times. *Speak with the site manager for eligibility.



MEALS ON WHEELS Menu #2 May 2025

Call (509) 426-2601 Monday-Friday the day before you would like to eat lunch to register for a meal.
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			5/1 Beef Barbacoa Rice Vegetables Tossed Salad Tortilla Fruit	5/2 CLOSED Meals on Wheels Luncheon
5/5 Beef Taco Salad Tostadas Fruit	5/6 Ranch Chicken Casserole Vegetables Tossed Salad Tortilla Fruit	5/7 Beef Green Chile Stew & Pinto Beans Vegetables Tortillas Fruit	5/8 Chicken Tamales Vegetables Tossed Salad Fruit	5/9 Chile Relleno Vegetables Cucumber, Tomato, & Onion Salad Tortillas Fruit
5/12 Beef Taco Bake Casserole Baked Beans Coleslaw Tortilla Fruit	5/13 Bean Taco Soup Tossed Salad Tortillas Fruit	5/14 Pork Pozole Cabbage & Lemon Tostadas Fruit	5/15 Mexican Beef Chili Vegetables Tortillas Fruit	5/16 Chicken in Tomato Sauce Vegetables Tossed Salad Tortillas Peaches & Cottage Cheese
5/19 Pinto Bean & Ham Soup Jo Jo's Tossed Salad Tortillas Fruit	5/20 Black Bean Enchilada Casserole Vegetables Tortilla Fruit	5/21 Mexican Chicken Salad Tossed Salad Tostadas Fruit	5/22 Chicken Fajitas Vegetables Tortillas Fruit	5/23 Beef Tamale Casserole Vegetables Carrot Raisin Salad Tortilla Fruit
CLOSED 5/26 	5/27 Sweet Potato & Black Bean Chili Rice Vegetables Fruit Birthday Dessert	5/28 Beef & Potatoes in Tomatillo Sauce Vegetables Tortillas Peaches & Cottage Cheese	5/29 Beef Barbacoa Rice Vegetables Tortillas Fruit	5/30 Chicken Tacos Vegetables Fruit

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