



MEALS ON WHEELS Menu #1 April 2025

Call (509) 426-2601 Monday-Friday the day before you would like to eat lunch to register for a meal.
Meal registration ends at 3p.m. Monday-Friday. Lunch is served from 11 a.m. through 11:30 a.m.

Suggested donation for registered people 60 years and over \$2.50/meal; under 60 years \$9.00 fee/meal*

Dining Rooms- Yakima: Harman Senior Center, Henry Beauchamp Community Center & Washington Fruit Community Center.
Selah Civic Center, Tieton Senior Center, Union Gap Senior Center, Sunnyside Senior Center, Grandview Senior Center

PEOPLE FOR PEOPLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	4/1 Veggie Noodle Casserole 3 Bean Salad Wheat Bread Fruit	4/2 Chicken Waldorf Salad Tossed Salad Croissant Peaches & Cottage Cheese	4/3 Beef Lasagna Casserole Vegetables Tossed Salad Breadstick Fruit	4/4 Navy Bean & Ham Soup Pea, Pickle & Cheese Salad Wheat Bread Fruit
4/7 Pineapple Chicken Stir Fry Rice Vegetables Tossed Salad Wheat Bread Fruit	4/8 Meatloaf Mashed Potatoes Vegetables Dinner Roll Fruit	4/9 Pork w/ Mushrooms in Marinara Sauce Rice Vegetables Wheat Bread Fruit	4/10 Clam Chowder Cheese Sandwich Tossed Salad Fruit	4/11 Spaghetti w/ Meat Sauce Vegetables Tossed Salad Breadstick Fruit
4/14 BBQ Meatballs Baked Beans Coleslaw Fruit	4/15 Hashbrown Sausage & Egg Casserole Stewed Tomatoes Croissant Peaches & Cottage Cheese	4/16 Cheese Tortellini w/ Marinara Sauce Vegetables Tossed Salad Wheat Bread Fruit	4/17 Pastrami Sandwich Vegetables 3 Bean Salad Fruit	4/18 Chicken w/ Gravy Mashed Potatoes Vegetables Dinner Roll Fruit
4/21 Asian Chicken Salad Dinner Roll Fruit	4/22 Cheeseburger Lettuce, Tomatoes & Onions Jo Jo's Fruit	4/23 Onion Dijon Pork Mashed Potatoes Vegetables Dinner Roll Fruit	4/24 Egg Salad Sandwich Vegetables Tossed Salad Croissant Fruit	4/25 Chicken a la King Tossed Salad Biscuit Fruit
4/28 Meatball Marinara Sub Vegetables Coleslaw Fruit	4/29 Chicken Caesar Pasta Salad Vegetables Wheat Bread Fruit	4/30 French Toast Casserole Stewed Tomatoes Peaches & Cottage Cheese		

All meals are served with margarine and 1% milk; menu substitutions can occur at times. *Speak with the site manager for eligibility.



PEOPLE FOR PEOPLE

MEALS ON WHEELS Menu #2 April 2025

Call (509) 426-2601 Monday-Friday the day before you would like to eat lunch to register for a meal.

Meal registration ends at 3p.m. Monday-Friday. Lunch is served from 11 a.m. through 11:30 a.m.

Suggested donation for registered people 60 years and over \$2.50/meal; under 60 years \$9.00 fee/meal*

Dining Rooms- Yakima: Harman Senior Center, Henry Beauchamp Community Center & Washington Fruit Community Center.

Selah Civic Center, Tieton Senior Center, Union Gap Senior Center, Sunnyside Senior Center, Grandview Senior Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	4/1 Mexican Chicken Salad 3 Bean Salad Tostadas Fruit	4/2 Mexican Beef Chili Tossed Salad Tortillas Peaches & Cottage Cheese	4/3 Ranch Chicken Casserole Vegetables Tossed Salad Breadstick Fruit	4/4 Beef Taco Bake Casserole Vegetables Pea, Pickle & Cheese Salad Fruit
4/7 Chile Relleno Vegetables Tossed Salad Tortillas Fruit	4/8 Pork & Potatoes in Tomatillo Sauce Vegetables Tortillas Fruit	4/9 Beef Green Chile Stew & Pinto Beans Vegetables Tortillas Fruit	4/10 Beef Taco Salad Tostadas Fruit	4/11 Chicken Tacos Vegetables Tossed Salad Fruit
4/14 Bean Taco Soup Coleslaw Tortillas Fruit	4/15 Chicken Pozole Cabbage & Lemon Tostadas Peaches & Cottage Cheese	4/16 Ground Beef w/ Mixed Veggies Tortillas Fruit	4/17 Chicken in Tomato Sauce 3 Bean Salad Tortillas Fruit	4/18 Beef Chile Relleno Casserole Vegetables Tortillas Fruit
4/21 Beef Fajitas Tossed Salad Tortillas Fruit	4/22 Mexican Chicken Lasagna Jo Jo's Tossed Salad Fruit	4/23 Black Bean Enchilada Casserole Vegetables Tortilla Fruit	4/24 Beef Tamale Casserole Vegetables Tossed Salad Tortilla Fruit	4/25 Pinto Bean & Ham Soup Vegetables Tossed Salad Tortillas Fruit
4/28 Chicken Tortilla Soup Vegetables Coleslaw Tortillas Fruit	4/29 Sweet Potato & Black Bean Chili Rice Vegetables Tossed Salad Tortilla Fruit	4/30 Beef Tacos Vegetables Peaches & Cottage Cheese		

All meals are served with margarine and 1% milk; menu substitutions can occur at times. *Speak with the site manager for eligibility.