



# MEALS ON WHEELS Menu #1 **March 2025**

Call (509) 426-2601 Monday-Friday the day before you would like to eat lunch to register for a meal.  
 Meal registration ends at 3p.m. Monday-Friday. Lunch is served from 11 a.m. through 11:30 a.m.

Suggested donation for registered people 60 years and over \$2.50/meal; under 60 years \$9.00 fee/meal\*

Dining Rooms- Yakima: Harman Senior Center, Henry Beauchamp Community Center & Washington Fruit Community Center. Selah Civic Center, Union Gap Senior Center, Sunnyside Senior Center, Grandview Senior Center

PEOPLE FOR PEOPLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right;"><b>3/3</b></p> Sloppy Joe Baked Beans Coleslaw Peaches & Cottage Cheese	<p style="text-align: right;"><b>3/4</b></p> Cheese Ravioli Vegetables Wheat Bread Fruit	<p style="text-align: right;"><b>3/5</b></p> Chicken Teriyaki Fried Rice Vegetables Cucumber, Tomato & Onion Salad Wheat Bread Fruit	<p style="text-align: right;"><b>3/6</b></p> Spaghetti w/ Meat Sauce Vegetables Tossed Salad Breadstick Fruit	<p style="text-align: right;"><b>3/7</b></p> Bacon Potato and Corn Chowder Cheese Sandwich Tossed Salad Wheat Bread Fruit
<p style="text-align: right;"><b>3/10</b></p> Pork w/ Green Peppers and Mushrooms Mashed Potatoes Wheat Bread Fruit	<p style="text-align: right;"><b>3/11</b></p> Four Cheese Pasta Vegetables Tossed Salad Wheat Bread Fruit	<p style="text-align: right;"><b>3/12</b></p> Beef Hamburger Soup Carrot Raisin Salad Cornbread Fruit	<p style="text-align: right;"><b>3/13</b></p> Club Sandwich Vegetables Fruit	<p style="text-align: right;"><b>3/14</b></p> Meatloaf Mashed Potatoes Vegetables Dinner Roll Fruit
<p style="text-align: right;"><b>3/17</b></p> Pastrami Sandwich Vegetables Tossed Salad Fruit	<p style="text-align: right;"><b>3/18</b></p> Meatball Marinara Sub Vegetables Tossed Salad Fruit	<p style="text-align: right;"><b>3/19</b></p> Baked Ziti w/ Sausage Vegetables Tossed Salad Breadstick Fruit	<p style="text-align: right;"><b>3/20</b></p> Beef & Broccoli Rice Vegetables Wheat Bread Fruit	<p style="text-align: right;"><b>3/21</b></p> White Bean Chili Vegetable Tossed Salad Cornbread Peaches & Cottage Cheese
<p style="text-align: right;"><b>3/24</b></p> Cheeseburger Lettuce, Tomatoes, and Onions Jo Jo's Fruit	<p style="text-align: right;"><b>3/25</b></p> BBQ Chicken Baked Beans Coleslaw Cornbread Fruit	<p style="text-align: right;"><b>3/26</b></p> Pasta and Bean Soup ½ Cheese Sandwich Vegetables Wheat Bread Fruit	<p style="text-align: right;"><b>3/27</b></p> Ham & Potato Quiche Tossed Salad Croissant Fruit	<p style="text-align: right;"><b>3/28</b></p> Beef Macaroni Goulash Vegetables Tossed Salad Wheat Bread Fruit
<p style="text-align: right;"><b>3/31</b></p> Sweet & Sour Pineapple Meatballs Rice Vegetables Tossed Salad Fruit				

All meals are served with margarine and 1% milk; menu substitutions can occur at times. \*Speak with the site manager for eligibility.



# MEALS ON WHEELS Menu #2 **March 2025**

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PEOPLE FOR PEOPLE

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>3/3</b> Pork & Potatoes in Tomatillo Sauce Coleslaw Tortillas Peaches & Cottage Cheese	<b>3/4</b> Beef Green Chile Stew & Pinto Beans Tortillas Fruit	<b>3/5</b> Chile Relleno Vegetables Cucumber, Tomato & Onion Salad Tortillas Fruit	<b>3/6</b> Chicken Tacos Vegetables Tossed Salad Fruit	<b>3/7</b> Beef Taco Salad Tortillas Fruit
<b>3/10</b> Chicken Pozole Cabbage & Lemon Tostadas Fruit	<b>3/11</b> Ground Beef with Mix Vegetables Tossed Salad Tortillas Fruit	<b>3/12</b> Chicken Quesadilla Casserole Vegetables Carrot Raising Salad Fruit	<b>3/13</b> Beef Chile Relleno Casserole Vegetables Tortillas Fruit	<b>3/14</b> Chicken in Tomato Sauce Mashed Potatoes Vegetables Tortillas Fruit
<b>3/17</b> Chicken Fajitas Tossed Salad Tortillas Fruit	<b>3/18</b> Mexican Chicken Lasagna Capri Blend Tossed Salad Fruit	<b>3/19</b> Black Bean Enchilada Casserole Vegetables Tortilla Fruit	<b>3/20</b> Pinto Beans & Ham Soup Vegetables Tortillas Fruit	<b>3/21</b> Beef Tamale Casserole Vegetables Tossed Salad Tortilla Peaches & Cottage Cheese
<b>3/24</b> Chicken Tortilla Soup Jo Jo's Tossed Salad Fruit	<b>3/25</b> Beef Barbacoa Rice Baked Beans Coleslaw Tortilla Fruit	<b>3/26</b> Beef Tacos Vegetables Tossed Salad Fruit	<b>3/27</b> Bean Taco Soup Tossed Salad Tortillas Fruit	<b>3/28</b> Chicken Tamales Vegetables Tossed Salad Fruit
<b>3/31</b> Sweet Potato & Black Bean Chili Rice Tossed Salad Tortilla Fruit				

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