




PEOPLE FOR PEOPLE

MEALS ON WHEELS Menu #1 February 2025

Call (509) 426-2601 Monday-Friday the day before you would like to eat lunch to register for a meal.
Meal registration ends at 3p.m. Monday-Friday. Lunch is served from 11 a.m. through 11:30 a.m.

Suggested donation for registered people 60 years and over \$2.50/meal; under 60 years \$9.00 fee/meal*

Dining Rooms- Yakima: Harman Senior Center, The Salvation Army, Henry Beauchamp Community Center & Washington Fruit Community Center. Selah Civic Center, Union Gap Senior Center, Sunnyside Senior Center, Grandview Senior Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2/3 Garlic Butter Pork Mashed Potatoes Vegetables Dinner Roll Fruit	2/4 Honey Glazed Chicken Rice Pilaf Cucumber, Tomato & Onion Salad Wheat Bread Fruit	2/5 Spaghetti w/ Meat Sauce Vegetables Tossed Salad Breadstick Fruit	2/6 Tuna Salad Sandwich Vegetables Tossed Salad Croissant Peaches & Cottage Cheese	2/7 Potato, Sausage & Kale Soup Pea Pickle & Cheese Salad Cornbread Fruit
2/10 White Bean Chicken Chili Tossed Salad Cornbread Fruit	2/11 Meatloaf Mashed Potatoes Vegetables Dinner Roll Fruit	2/12 Veggie Quiche Vegetables English Muffin Fruit	2/13 Chicken Mushroom Linguini Tossed Salad Wheat Bread Fruit	2/14 BBQ Pork Sandwich Baked Beans Coleslaw Fruit
CLOSED 2/17 	2/18 Broccoli Cheddar Soup Ham Sandwich Tossed Salad Wheat Bread Fruit	2/19 Baked Mac & Cheese Stewed Tomatoes Wheat Bread Peaches & Cottage Cheese	2/20 Coconut Chicken Curry Rice Vegetables Tossed Salad Wheat Bread Fruit	2/21 Meatball Marinara Sub Vegetables Fruit
2/24 Chicken w/ Green Peppers & Mushrooms Mashed Potatoes Wheat Bread Fruit	2/25 French Onion Beef & Noodles Tossed Salad Wheat Bread Fruit	2/26 Split Pea Soup Cheese Sandwich Tossed Salad Wheat Bread Fruit	2/27 Cheeseburger Lettuce, Tomato & Onions Jo Jo's Fruit	2/28 Tuna Noodle Casserole Carrot, Raisin Salad Dinner Roll Fruit

All meals are served with margarine and 1% milk; menu substitutions can occur at times. *Speak with the site manager for eligibility.




PEOPLE FOR PEOPLE

MEALS ON WHEELS Menu #2 February 2025

Call (509) 426-2601 Monday-Friday the day before you would like to eat lunch to register for a meal.
Meal registration ends at 3p.m. Monday-Friday. Lunch is served from 11 a.m. through 11:30 a.m.

Suggested donation for registered people 60 years and over \$2.50/meal; under 60 years \$9.00 fee/meal*

Dining Rooms- Yakima: Harman Senior Center, The Salvation Army, Henry Beauchamp Community Center & Washington Fruit Community Center. Selah Civic Center, Union Gap Senior Center, Sunnyside Senior Center, Grandview Senior Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2/3 Beef Taco Salad Tostadas Fruit	2/4 Chile Relleno Vegetables Cucumber, Tomato & Onion Salad Tortillas Fruit	2/5 Chicken Tamales Vegetables Tossed Salad Fruit	2/6 Mexican Beef Chili Tossed Salad Tortillas Peaches & Cottage Cheese	2/7 Beef & Potatoes in Tomatillo Sauce Tortillas Pea, Pickle & Cheese Salad Fruit
2/10 Ground Beef with Mixed Veggies Tossed Salad Tortillas Fruit	2/11 Chicken Quesadilla Casserole Vegetables Tortilla Fruit	2/12 Pork Pozole Cabbage & Lemon Tostadas Fruit	2/13 Beef Tacos Vegetables Lettuce & Tomatoes Tortillas Fruit	2/14 Chicken in Tomato Sauce Baked Beans Coleslaw Tortillas Fruit
CLOSED 2/17 	2/18 Chicken Fajitas Tossed Salad Tortillas Fruit	2/19 Pinto Beans and Ham Soup Stewed Tomatoes Vegetables Tortillas Peaches & Cottage Cheese	2/20 Beef Tamales Casserole Vegetables Tossed Salad Fruit	2/21 Black Bean Enchilada Casserole Vegetables Tortilla Fruit
2/24 Beef Tamales Mashed Potatoes Tossed Salad Fruit	2/25 Bean Taco Soup Tossed Salad Tortillas Fruit	2/26 Beef Chile Relleno Casserole Vegetables Tortillas Fruit	2/27 Chicken Tortilla Soup Jo Jo's Tossed Salad Fruit	2/28 Beef Barbacoa Rice Vegetables Carrot, Raisin Salad Tortillas Fruit

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