



MEALS ON WHEELS Menu #1 November 2024

Call (509) 426-2601 Monday-Friday the day before you would like to eat lunch to register for a meal.
Meal registration ends at 3p.m. Monday-Friday. Lunch is served from 11 a.m. through 11:30 a.m.

Suggested donation for registered people 60 years and over \$2.50/meal; under 60 years \$9.00 fee/meal*

Dining Rooms- Yakima: Harman Senior Center, The Salvation Army, Henry Beauchamp Community Center &

Washington Fruit Community Center. Selah Civic Center, Union Gap Senior Center, Sunnyside Senior Center, Grandview Senior Center

PEOPLE FOR PEOPLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				11/1 Egg Salad Sandwich Tossed Salad Cucumbers Croissant Fruit
11/4 Baked Pork W/ Gravy Mashed Potatoes Vegetables Dinner Roll Fruit	11/5 Chickpea Pasta Soup ½ Turkey Sandwich Pea, Pickle & Cheese Salad Wheat Bread Fruit	11/6 Spaghetti w/ Meat Sauce Vegetables Tossed Salad Breadstick Fruit	11/7 Chicken Pot Pie Cucumber, Tomato & Onion Salad Wheat Bread Fruit	11/8 Tuna Salad Cucumbers Tossed Salad Croissant Peaches & Cottage Cheese
11/11 CLOSED 	11/12 BBQ Pork Sandwich Baked Beans Coleslaw Fruit	11/13 Creamy Chicken Cordon Bleu Casserole Vegetable Tossed Salad Wheat Bread Fruit	11/14 Meatloaf Mashed Potatoes w/Gravy Vegetables Dinner Roll Fruit	11/15 Clam Chowder Cheese Sandwich Tossed Salad Fruit
11/18 Chicken w/ Green Peppers & Mushrooms Mashed Potatoes Wheat Bread Fruit	11/19 Cheeseburger Lettuce, Tomato & Onions Jo Jos Wheat Bread Fruit	11/20 Broccoli Cheddar Soup Ham Sandwich Tossed Salad Fruit	11/21 Egg Salad Sandwich Cucumbers Vegetable Croissant Peaches & Cottage Cheese	11/22 Meatballs w/ Mushroom Gravy Mashed Potatoes Vegetable Dinner Roll Fruit
11/25 Korean Beef Fried Rice Vegetables Tossed Salad Fruit	11/26 Chicken & Stuffing Corn Vegetables Fruit	11/27 Roast Turkey Mashed Potatoes w/Gravy Green Beans Dinner Roll Fruit	11/28 CLOSED 	11/29 CLOSED

All meals are served with margarine and 1% milk; menu substitutions can occur at times. *Speak with the site manager for eligibility.



MEALS ON WHEELS Menu #2 November 2024



Call (509) 426-2601 Monday-Friday the day before you would like to eat lunch to register for a meal.
 Meal registration ends at 3p.m. Monday-Friday. Lunch is served from 11 a.m. through 11:30 a.m.

Suggested donation for registered people 60 years and over \$2.50/meal; under 60 years \$9.00 fee/meal*

Dining Rooms- Yakima: Harman Senior Center, The Salvation Army, Henry Beauchamp Community Center &

Washington Fruit Community Center. Selah Civic Center, Union Gap Senior Center, Sunnyside Senior Center, Grandview Senior Center

PEOPLE FOR PEOPLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				11/1 Beef Meatball Soup Tossed Salad Tortillas Fruit
11/4 Mexican Chicken Lasagna Stewed Tomatoes Vegetables Fruit	11/5 Beef Taco Salad Tortilla Strips Salsa Tortillas Fruit	11/6 Chile Relleno Vegetable Tossed Salad Tortillas Fruit	11/7 Black Bean Enchilada Casserole Vegetables Cucumber, Tomato & Onion Salad Fruit	11/8 Beef Fajitas Cucumbers Tortillas Peaches & Cottage Cheese
11/11 	11/12 Chicken Tamales Baked Beans Coleslaw Fruit	11/13 Beef Barbacoa Rice Vegetable Tossed Salad Fruit	11/14 Chicken Quesadilla Casserole Cucumbers Green Beans Fruit	11/15 Mexican Beef Chili Tossed Salad Tortillas Fruit
11/18 Bean Taco Soup Tossed Salad Tortillas Fruit	11/19 Chicken Tacos Lettuce & Tomato Jo Jos Tortillas Fruit	11/20 Beef Tamale Casserole Stewed Tomatoes Tossed Salad Tortillas Fruit	11/21 Chicken in Tomato Sauce Cucumbers 3 Bean Salad Tortilla Peaches & Cottage Cheese	11/22 Ranch Chicken Casserole Vegetable Tortilla Fruit
11/25 Mexican Chicken Salad Pea, Pickle & Cheese Salad Tossed Salad Tostadas Fruit	11/26 Sweet Potato & Black Bean Chili Vegetable Tortilla Rice Fruit	11/27 Pork Posole Cabbage & Lemon Tortillas Pumpkin Pie Fruit	Closed 11/28 	11/29 CLOSED

All meals are served with margarine and 1% milk; menu substitutions can occur at times. *Speak with the site manager for eligibility.