



MEALS ON WHEELS Menu #1 May 2024


Call (509) 426-2601 Monday-Friday the day before you would like to eat lunch to register for a meal.
Meal registration ends at 3p.m. Monday-Friday. Lunch is served from 11 a.m. through 11:30 a.m.

Suggested donation for registered people 60 years and over \$2.50/meal; under 60 years \$9.00 fee/meal*

Dining Rooms- Yakima: Harman Senior Center, The Salvation Army, Henry Beauchamp Community Center &

Washington Fruit Community Center. Selah Civic Center, Union Gap Senior Center, Sunnyside Senior Center, Grandview Senior Center

PEOPLE FOR PEOPLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		5/1	5/2	5/3
		Bacon, Potato & Corn Chowder Cheese Sandwich Salad Fruit	Shepard's Pie Mashed Potatoes Wheat Bread Fruit	CLOSED ANNUAL DINNER & DANCE
5/6	5/7	5/8	5/9	5/10
White Bean Chili Vegetables Cornbread Fruit	Spaghetti w/ Meat Sauce Vegetables Salad Breadstick Fruit	Chicken Caesar Salad Cucumber, Tomato & Onion Salad Dinner Roll Fruit	Pork Supreme Salad Brown Rice Wheat Bread Fruit	Sloppy Joe JoJo's Coleslaw Fruit
5/13	5/14	5/15	5/16	5/17
Egg Salad Sandwich Vegetables Salad Cottage Cheese & Peaches Croissant	Chicken w/ Green Peppers & Mushrooms Mashed Potatoes Fruit Wheat Bread	Southwest Chicken Salad 3 Bean Salad Cornbread Fruit	Meatloaf Green Beans Mashed Potatoes w/Gravy Dinner Roll Fruit	Clam Chowder Cheese Sandwich Salad Wheat Bread Fruit
5/20	5/21	5/22	5/23	5/24
Meatball Marinara Sub Mixed Veggies Salad Hoagie Roll Fruit	Onion Dijon Pork Mashed Potatoes w/Gravy Vegetable Dinner Roll	Chicken a la King Peas Carrot Raisin Salad Biscuit Fruit	Cheese & Tomato Tortellini Vegetables Salad Wheat Bread Fruit	Waldorf Chicken Salad Cucumbers Cottage Cheese & Peaches Croissant
5/27	5/28	5/29	5/30	5/31
CLOSED 	Cheeseburger Lettuce, Tomato & Onions JoJo's Fruit	Asian Chicken Salad Fruit Dinner Roll	Chili Mac & Cheese Vegetables Salad Breadstick Fruit	BBQ Pork Sandwich Vegetable Coleslaw Fruit

All meals are served with margarine and 1% milk; menu substitutions can occur at times. *Speak with the site manager for eligibility.



PEOPLE FOR PEOPLE

MEALS ON WHEELS Menu #2 May 2024

Call (509) 426-2601 Monday-Friday the day before you would like to eat lunch to register for a meal.
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Dining Rooms- Yakima: Harman Senior Center, The Salvation Army, Henry Beauchamp Community Center & Washington Fruit Community Center. Selah Civic Center, Union Gap Senior Center, Sunnyside Senior Center, Grandview Senior Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		5/1 Cumin & Lime Chicken Vegetables Salad Spanish Rice Fruit	5/2 Chicken Posole Cabbage & Lemon Tortilla Fruit	5/3 CLOSED MEALS ON WHEELS ANNUAL DINNER & DANCE
5/6 Chicken Tamales Vegetables Tortillas Fruit	5/7 Pork Hominy Soup Cabbage & Lemon Tortillas Fruit	5/8 Taco Bake Casserole Cucumber, Tomato & Onion Salad Salad Fruit	5/9 Chicken Enchilada Soup Salad Tortillas Fruit	5/10 Chile Relleno Refried Beans Coleslaw Tortillas Fruit
5/13 Chicken Quesadilla Casserole Vegetables Salad Cottage Cheese & Peaches	5/14 Taco Salad Vegetables Tortillas Fruit	5/15 Beef Barbacoa 3 Bean Salad Salad Brown Rice Tortilla Fruit	5/16 Black Bean Enchilada Casserole Vegetables Fruit	5/17 Chicken Tacos Lettuce & Tomato Vegetables Fruit
5/20 Pinto Bean & Ham Soup Vegetables Salad Tortilla Fruit	5/21 Chicken Fajitas Vegetables Tortillas Fruit	5/22 Beef Tamale Pie Vegetables Carrot Raisin Salad Tortillas Fruit	5/23 Mexican Chicken Lasagna Vegetables Salad Tortillas Fruit	5/24 Sweet Potato & Black Bean Chili Cucumbers Brown Rice Tortillas Cottage Cheese & Peaches
5/27 CLOSED 	5/28 Pork Tacos Lettuce, Tomato & Cheese JoJos Fruit	5/29 Ground Beef w/ Mixed Vegetables Salad Tortillas Fruit	5/30 Chicken in Tomato Sauce Vegetables Salad Tortillas Fruit	5/31 Green Chicken Enchilada Casserole Vegetable Coleslaw Fruit

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