



# MEALS ON WHEELS Menu #1 April 2024

Call (509) 426-2601 Monday-Friday the day before you would like to eat lunch to register for a meal.  
Meal registration ends at 3p.m. Monday-Friday. Lunch is served from 11 a.m. through 11:30 a.m.

Suggested donation for registered people 60 years and over \$2.50/meal; under 60 years \$9.00 fee/meal\*

Dining Rooms- Yakima: Harman Senior Center, The Salvation Army, Henry Beauchamp Community Center &

Washington Fruit Community Center. Selah Civic Center, Union Gap Senior Center, Sunnyside Senior Center, Grandview Senior Center

PEOPLE FOR PEOPLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4/1 Spaghetti w/Meat Sauce Salad Vegetables Breadstick Fruit	4/2 Roasted Tomato Soup w/ Ham & Cheese Sandwich Salad Fruit	4/3 Creamy Chicken w/Mushrooms Mashed Potatoes Wheat Bread Fruit	4/4 Egg Salad Sandwich Vegetable 3 Bean Salad Croissant Fruit	4/5 Coconut Curry Chicken Vegetables Asian Cucumber Salad Brown Rice Fruit
4/8 Tuna Salad Vegetables Salad Croissant Fruit	4/9 Sesame Orange Pork Fried Rice Stir Fry Veggies Salad Fruit	4/10 Meatloaf Mashed Potatoes w/Gravy Vegetable Dinner Roll Fruit	4/11 Chicken Medley Cucumber, Tomato & Onion Salad Wheat Bread Fruit	4/12 Clam Chowder Cheese Sandwich Salad Wheat Bread Fruit
4/15 BLT Pasta Salad Vegetables Fruit Dinner Roll	4/16 Meatball Marinara Sub Vegetables Coleslaw Fruit	4/17 Veggie Quiche Diced Potatoes English Muffin Fruit	4/18 Honey Glazed Chicken Mixed Vegetables Salad Rice Pilaf Fruit	4/19 <b>CLOSED</b>
4/22 3 Bean Chili w/ Baked Potato Salad Cornbread Fruit	4/23 Asian Chicken Salad Vegetables Cottage Cheese & Peaches Dinner Roll	4/24 Chicken Noodle Casserole Vegetables Salad Wheat Bread Fruit	4/25 Garlic Butter Pork Mashed Potatoes Vegetables Wheat Bread Fruit	4/26 Cheeseburger Lettuce, Tomatoes & Onion Potato Wedges Fruit
4/29 Chicken Salad Sandwich Vegetables Lettuce & Tomato Croissant Fruit	4/30 BBQ Meatballs Mashed Potatoes Vegetables Wheat Bread Fruit			

All meals are served with margarine and 1% milk; menu substitutions can occur at times. \*Speak with the site manager for eligibility.



# MEALS ON WHEELS Menu #2 April 2024

Call (509) 426-2601 Monday-Friday the day before you would like to eat lunch to register for a meal.  
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Suggested donation for registered people 60 years and over \$2.50/meal; under 60 years \$9.00 fee/meal\*

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Washington Fruit Community Center. Selah Civic Center, Union Gap Senior Center, Sunnyside Senior Center, Grandview Senior Center

PEOPLE FOR PEOPLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4/1 Chicken Tamales Vegetables Salad Fruit	4/2 Chile Relleno Refried Beans Salad Tortillas Fruit	4/3 Pork Hominy Soup Cabbage & Lemon Tortillas Fruit	4/4 Taco Bake Casserole Vegetables 3 Bean Salad Tortilla	4/5 Meatball Soup Asian Cucumber Salad Tortillas Fruit
4/8 Ground Beef w/ Mixed Vegetables Coleslaw Tortillas Fruit	4/9 Black Bean Enchilada Casserole Vegetables Salad Fruit	4/10 Chicken Tacos Lettuce & Tomato Vegetable Tortillas Fruit	4/11 Beef with Potatoes in Tomatillo Sauce Cucumber, Tomato & Onion Salad Tortillas Fruit	4/12 Chicken Quesadilla Casserole Vegetables Salad Fruit
4/15 Chicken Fajitas Salad Tortillas Fruit	4/16 Sweet Potato & Black Bean Chili Vegetables Coleslaw Tortillas Fruit	4/17 Beef Tamales Vegetables Fruit	4/18 Beef Barbacoa Vegetables Salad Brown Rice Tortilla Fruit	4/19 <b>CLOSED</b>
4/22 Cheesy Taco Pasta Mexican Corn Salad Salad Tortilla Fruit	4/23 Taco Soup Salad Tortillas Fruit	4/24 Beef Tacos Lettuce & Tomatoes Vegetables Tortillas Fruit	4/25 Chicken in Tomato Sauce Vegetables Salad Tortillas Fruit	4/26 Green Chicken Enchilada Casserole Potato Wedges Salad Fruit
4/29 Pinto Bean & Ham Soup Vegetables Salad Tortillas Fruit	4/30 Ranch Chicken Casserole Refried Beans Vegetables Fruit			

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