



MEALS ON WHEELS Menu #1

February 2024


Call (509) 426-2601 Monday-Friday the day before you would like to eat lunch to register for a meal.
Meal registration ends at 3p.m. Monday-Friday. Lunch is served from 11 a.m. through 11:30 a.m.

Suggested donation for registered people 60 years and over \$2.50/meal; under 60 years \$9.00 fee/meal*

Dining Rooms- Yakima: Harman Senior Center, The Salvation Army, Henry Beauchamp Community Center &

Washington Fruit Community Center. Selah Civic Center, Union Gap Senior Center, Sunnyside Senior Center, Grandview Senior Center

PEOPLE FOR PEOPLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			2/1 Sweet & Sour Pineapple Meatballs Vegetables Salad Fruit	2/2 Four Cheese Pasta Vegetables Salad Wheat Bread Fruit
2/5 Spaghetti w/ Meat Sauce Vegetables Salad Breadstick Fruit	2/6 Onion Dijon Pork Mashed Potatoes Vegetables Dinner Roll Fruit	2/7 Roasted Tomato & Basil Soup Cheese & Turkey Sandwich Lettuce and Tomatoes Fruit	2/8 Korean Beef Asian Cucumber Salad Brown Rice Fruit	2/9 Chicken with Green Peppers & Mushrooms Mashed Potatoes Dinner Roll Fruit
2/12 Pork Supreme Vegetables Brown Rice Wheat Bread Fruit	2/13 Sweet Potato & Black Bean Chili Mexican Corn Salad Corn Bread Fruit	2/14 Chicken Teriyaki Vegetables Salad Brown Rice Fruit	2/15 Turkey & Vegetable Soup ½ Cheese Sandwich Vegetables Wheat Bread Fruit	2/16 Meatloaf Mashed Potatoes Vegetables Dinner Roll Fruit
CLOSED 2/19 	2/20 Cheeseburger Lettuce, Tomatoes & Onions Vegetables Fruit	2/21 Chicken Mushroom Linguini Vegetables Pea, Cheese & Pickle Salad Wheat Bread Fruit	2/22 Navy Bean and Ham Soup Salad Cornbread Fruit	2/23 Baked Mac & Cheese Vegetables Salad Wheat Bread Fruit
2/26 Veggie Quiche Vegetables English Muffin Fruit	2/27 Broccoli Cheddar Soup With Ham Sandwich Carrot Raisin Salad Fruit	2/28 Sloppy Joe Vegetables Salad Fruit	2/29 Chicken a la King Vegetables Biscuit Fruit	

All meals are served with margarine and 1% milk; menu substitutions can occur at times. *Speak with the site manager for eligibility.



MEALS ON WHEELS Menu #2 February 2024


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PEOPLE FOR PEOPLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			2/1 Pork Hominy Soup Vegetables Tortillas Fruit	2/2 Beef and Bean Burritos Salad Tortillas Fruit
2/5 Chicken Tortilla Soup Vegetables Salad Tortillas Fruit	2/6 Beef w/ Potatoes in Tomatillo Sauce Vegetables Tortillas Fruit	2/7 Chicken Quesadilla Casserole Vegetables Salad Fruit	2/8 Pork Tacos Lettuce & Tomatoes Asian Cucumber Salad Tortillas Fruit	2/9 Beef Tamales Vegetables Salad Fruit
2/12 Chicken Fajitas Vegetables Tortillas Fruit	2/13 Green Chicken Enchilada Casserole Vegetables Mexican Corn Salad Fruit	2/14 Ground Beef with Mixed Veggies Salad Tortillas Fruit	2/15 Chile Relleno Refried Beans Vegetables Tortillas Fruit	2/16 Chicken Tacos Lettuce & Tomatoes Salad Fruit
CLOSED 2/19 	2/20 Chicken Tamales Vegetables Salad Fruit	2/21 Beef Barbacoa Vegetables Pea, Pickle & Cheese Salad Brown Rice Fruit	2/22 Bean & Cheese Burritos Vegetables Salad Tortillas Fruit	2/23 Meatball Soup Salad Tortillas Fruit
2/26 Pork Hominy Soup Vegetables Tortillas Fruit	2/27 Beef Tacos Lettuce & Tomatoes Carrot Raisin Salad Tortillas Fruit	2/28 Chicken in Tomato Sauce Vegetables Salad Tortillas Fruit	2/29 Taco Bake Casserole Vegetables Tortilla Fruit	

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