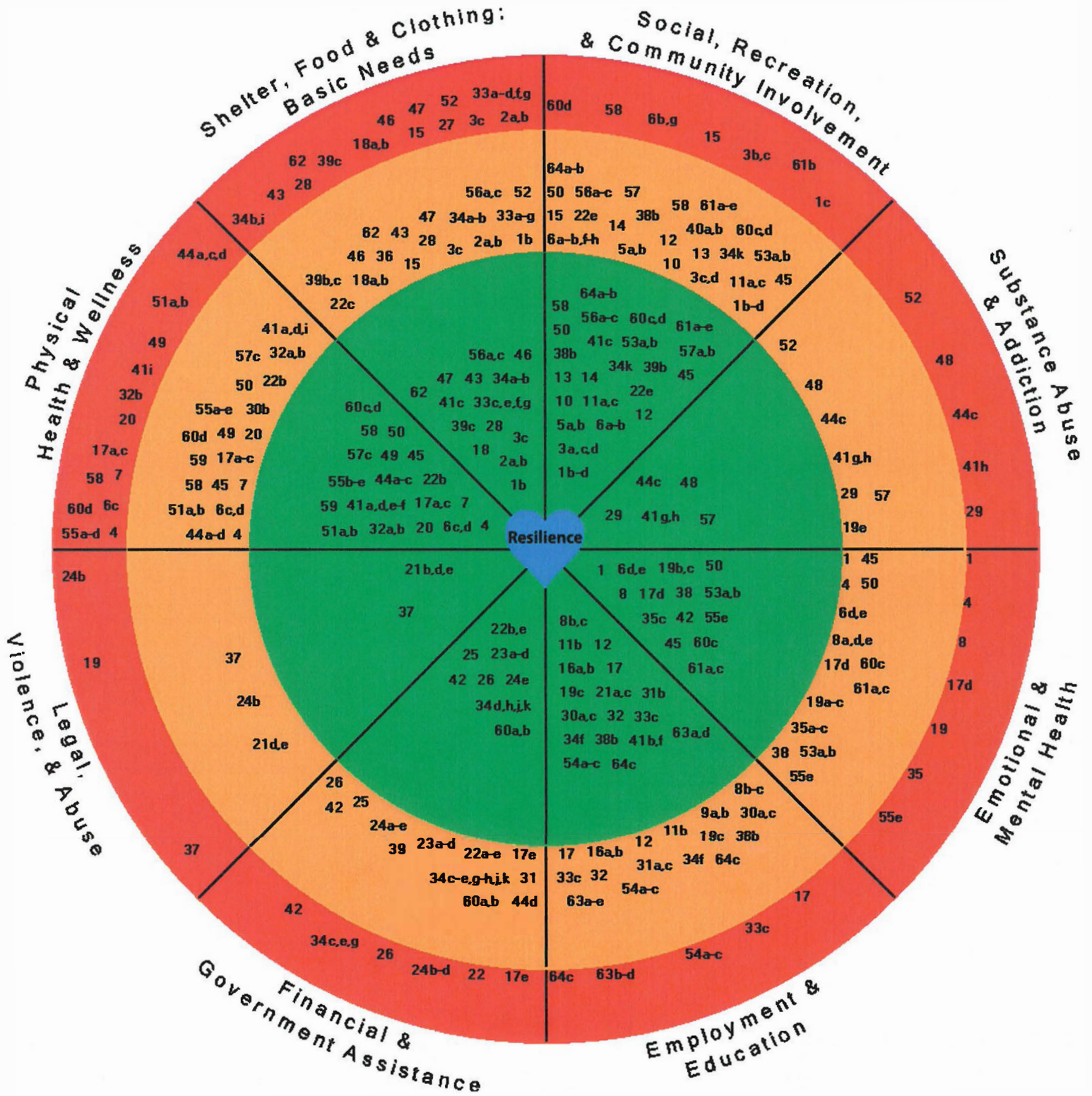


# Kittitas County Community Resources Guide



The agencies listed are supporting efforts to build resilience in our community.

This guide is only a small snapshot of agencies and services provided. For a complete listing, as well as contact information, hours of operation, and specific requirements, please call 2-1-1 or visit [www.win211.org](http://www.win211.org)

For questions or requests for inclusion, please contact Kate Adkison at [kadkison@pfp.org](mailto:kadkison@pfp.org)

### Key on Reverse

- **Prevention/Promotion**
- **Intervention**
- **Crisis**

*Crisis services represented are not meant to replace calling 9-1-1 in the case of emergencies*

- 1. Adult Activities Senior Center**
  - 1.a. Alzheimer's Support -
  - 1.b. Congregate Meals -
  - 1.c. Daily Activities -
  - 1.d. Senior Field Trips -
- 2. Allied People Offering Year-Round Outreach (APOYO)**
  - 2.a. Clothing Bank - \*
  - 2.b. Food Pantry - \*
- 3. American Red Cross Serving Central and Southeast Washington**
  - 3.a. Disaster Preparedness - \*
  - 3.b. Disaster Relief Services - \*
  - 3.c. Military Services - \*
  - 3.d. Safety Training - \*
- 4. Care Net Pregnancy Center of Kittitas County**
  - 4.a. Abortion Recovery Support -
  - 4.b. Pregnancy Tests -
- 5. Catholic Charities Serving Central Washington**
  - 5.a. Elder Services -
  - 5.b. Volunteer Services -
- 6. Central Washington Disability Resources**
  - 6.a. Independent Living / Case Management -
  - 6.b. Information and Referral -
  - 6.c. Medical Equipment Lending Program -
  - 6.d. Nursing Home Transitioning -
  - 6.e. Peer Support/Mentoring -
  - 6.f. Recreation & Swim Pass Program -
  - 6.g. Resource Lending Library -
  - 6.h. Youth Transition Services -
- 7. Central Washington Pediatric Dentistry**
- 8. Central Washington University**
  - 8.a. Community Counseling & Psychological Assessment Center -
  - 8.b. Community Health Worker Training -
  - 8.c. High School Equivalency Academy -
  - 8.d. LIFT Foster Youth Support -
  - 8.e. Parenting Skills Education -
  - 8.f. University Education -
- 9. Church of Jesus Christ of Latter-Day Saints**
  - 9.a. Preparation to Pass the US Naturalization Exam - \*
  - 9.b. The Daily Dose English Language Program - \*
- 10. City of Cle Elum Public Library**
- 11. City of Ellensburg**
  - 11.a. Hal Holmes Community Center -
  - 11.b. Online Money Management Classes -
  - 11.c. Parks & Recreation Department -
- 12. City of Ellensburg Public Library**
- 13. City of Kittitas Public Library**
- 14. Clymer Museum of Art**
- 15. Community Christmas Basket Committee**
- 16. Community Development Institute of Kittitas County**
  - 16.a. Early Childhood Education & Assistance Program (ECEAP) -
  - 16.b. Head Start -
- 17. Community Health of Central Washington**
  - 17.a. Breastfeeding Education Classes -
  - 17.b. Children with Special Health Care Needs - First Steps -
  - 17.c. Ellensburg Dental Care -
  - 17.d. Primary Care Behavioral Health -
  - 17.e. WIC -
- 18. Community Outreach and Life Skills Center - COAL**
  - 18.a. Bedding, Blankets, & more -
  - 18.b. Community Clothing Bank -
- 19. Comprehensive Healthcare of Kittitas County**
  - 19.a. Aspen Victim Advocacy Services -
  - 19.b. Child & Family Counseling -
  - 19.c. Community Education Programs -
  - 19.d. Crisis Services -
  - 19.e. Substance Use Disorder Treatment -
- 20. Creekside Dental Clinic - Ellensburg**
- 21. Dispute Resolution Centers of Yakima & Kittitas Counties**
  - 21.a. Communication Skills & Conflict Resolution Workshops -
  - 21.b. Conflict Resolution/Mediation Services - \*
  - 21.c. Facilitation Services - \*
  - 21.d. Mediation Services for Seniors - \*
  - 21.e. Parent/Youth Mediation Services - \*
- 22. DSHS - Community Services Office**
  - 22.a. Financial Assistance - \*
  - 22.b. Medicare Savings Programs - \*
  - 22.c. Washington Basic Food Program - \*
  - 22.d. Washington State ID Card Assistance - \*
  - 22.e. Working Connections Child Care - \*
- 23. DSHS - Office of Developmental Disabilities Administration**
  - 23.a. Early Intervention Services Administration -
  - 23.b. Employment & Day Program Services -
  - 23.c. Individual & Family Services Program -
  - 23.d. Residential Placement -
- 24. DSHS - Office of Division of Children and Family Services**
  - 24.a. Adoption -
  - 24.b. Child Protective Services -
  - 24.c. Child Welfare Services -
  - 24.d. Family Reconciliation Services -
  - 24.e. Foster Care Services -
- 25. DSHS - Office of Division of Vocational Rehabilitation**
- 26. Earned Income Tax Credit and Volunteer Income Tax Assistance Sites**
- 27. Ellensburg Cold Weather Shelter**
- 28. Ellensburg Community Clothing Center**
- 29. Ellie Lorenz Counseling**
- 30. Elmview**
  - 30.a. Employment Services -
  - 30.b. Respite Care -
  - 30.c. Supportive Living Services & Training -
- 31. Entrust Community Services**
  - 31.a. BFET Program -
  - 31.b. Individual Supported Employment -
  - 31.c. Transition Program -
- 32. Family Health Care of Ellensburg**
  - 32.a. Breastfeeding Education Class -
  - 32.b. Family Medicine & Pediatrics -
- 33. FISH Food Bank - Friends in Service to Humanity**
  - 33.a. Bread Room -
  - 33.b. Food Pantry -
  - 33.c. Free School Supplies -
  - 33.d. Free Summer Meals for Kids -
  - 33.e. Hot Meals Program -
  - 33.f. Meals On Wheels -
  - 33.g. Senior Nutrition -
- 34. HopeSource**
  - 34.a. Central Transit -
  - 34.b. Door to Door Transportation -
  - 34.c. Energy Assistance -
  - 34.d. Energy Conservation -
  - 34.e. HEN - Housing & Essential Needs Program -
  - 34.f. Hope University -
  - 34.g. Rapid Rehousing (Move In Assistance) -
  - 34.h. Senior Rent -
  - 34.i. Supportive Services for Veteran Families -
  - 34.j. Weatherization Program -
  - 34.k. Youth Recreation Scholarship -
- 35. Hospice Friends**
  - 35.a. Bereavement Support - \*
  - 35.b. Comfort Therapies -
  - 35.c. Volunteer Support -
- 36. Housing Authority of Kittitas County**
- 37. Kittitas County Court Appointed Special Advocates - CASA**
- 38. Kittitas County Early Learning Coalition**
  - 38.a. Developmental Screening -
  - 38.b. Parent Child Early Learning Events -
- 39. Kittitas County Habitat for Humanity**
  - 39.a. Critical Home Repair Loans for Low Income Homeowners -
  - 39.b. Habitat Store -
  - 39.c. Self Build Homes -
- 40. Kittitas County Historical Museum**
  - 40.a. Adult Group & School Tours -
  - 40.b. Evening Lecture Series -
- 41. Kittitas County Public Health Department**
  - 41.a. Access to Baby and Child Dental (ABCD) -
  - 41.b. Food Handlers Card -
  - 41.c. Free Car Seats & Bike Helmets -
  - 41.d. Health Insurance Enrollment Assistance -
  - 41.e. HIV/AIDS Prevention -
  - 41.f. Kittitas County Breastfeeding Coalition -
  - 41.g. Overdose Prevention/Naloxone Distribution & Training -
  - 41.h. Syringe Exchange Services -
  - 41.i. Tuberculosis Testing -
- 42. Kittitas County Veterans Coalition**
- 43. Kittitas Neighborhood Pantry**
- 44. Kittitas Valley Healthcare**
  - 44.a. Diabetes Education - \*
  - 44.b. Family Birthing Place - \*
  - 44.c. MAT Services - \*
  - 44.d. Patient Assistance Program - \*
- 45. La Leche League of Kittitas County**
- 46. Low Income, Senior, or Disabled Housing**
- 47. M6/28 Clothing Bank**
- 48. Narcotics Anonymous of Kittitas County**
- 49. Northwest Oral Health Outreach**
- 50. Nurturing Naturally Breastfeeding Support Group**
- 51. Open Door Health Clinic**
  - 51.a. Cle Elum Free Health Clinic -
  - 51.b. Ellensburg Free Health Clinic - \*
- 52. Oxford House of Kittitas County**
- 53. Parent to Parent**
  - 53.a. Parent Support - Cle Elum -
  - 53.b. Parent Support - Ellensburg -
- 54. People For People**
  - 54.a. Dislocated Worker - WIOA -
  - 54.b. Low-Income Adult Services - WIOA -
  - 54.c. Youth WorkFirst Program -
- 55. Planned Parenthood**
  - 55.a. Abortion Referral - \*
  - 55.b. Birth Control, Emergency Contraception, & Pregnancy Testing - \*
  - 55.c. General Health Care - \*
  - 55.d. HIV & STD Testing, Treatment, & Vaccination - \*
  - 55.e. LGBTQ Services - \*
- 56. Putnam Centennial Senior Center - Upper County**
  - 56.a. Meals On Wheels -
  - 56.b. Senior Center -
  - 56.c. Senior Nutrition -
- 57. RSVP & Volunteer Center of Kittitas County**
  - 57.a. Document Shred & Drug Take Back -
  - 57.b. SAIL - Stay Active & Independent for Life -
  - 57.c. SHIBA - Statewide Health Insurance Benefits Advisors -
- 58. Senior Life Resources Northwest**
- 59. Sky Valley Midwifery**
- 60. Southeast Washington Aging & Disability Resource Center**
  - 60.a. Benefits Assistance -
  - 60.b. Case Management -
  - 60.c. Family Caregiver Support Services -
  - 60.d. Home Care Referral -
- 61. Stan Bassett Youth Center**
  - 61.a. Boys Group -
  - 61.b. Daily Games & Activities -
  - 61.c. Girls Group -
  - 61.d. Nutrition Education & Cooking Classes -
  - 61.e. Youth Field Trips -
- 62. Upper County Community Food Bank**
- 63. WorkSource**
  - 63.a. Employment & Training -
  - 63.b. Job Corps -
  - 63.c. Unemployment Information -
  - 63.d. Veterans Services -
  - 63.e. WorkFirst -
- 64. Youth Services of Kittitas County**
  - 64.a. Art Walk -
  - 64.b. Free Swimming Program -
  - 64.c. Homework Club -
  - 64.d. Mentor Program -